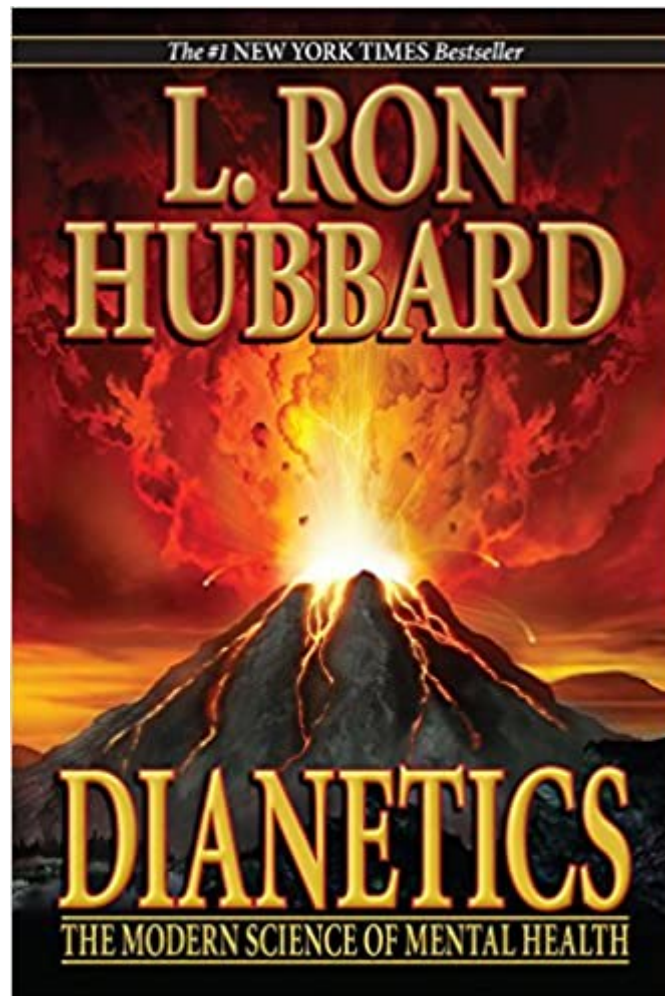




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# Dianetics: The Modern Science Of Mental Health (English)



## Synopsis

If you've ever felt there was something holding you back in life, ruining your plans and stopping you from being who you want to be, you were right. The fact is, there is a single source of all your problems, stress, unhappiness and self-doubt. It's called the reactive mind – the hidden part of your mind that stores all painful experiences, then uses them against you. Dianetics gets rid of the reactive mind. It's the only thing that does. With over 20,000,000 copies in 50 languages, and used in more than 150 nations, Dianetics brings dramatic and permanent improvement to people all over the world. Don't live with insecurity, negative thoughts, depression and irrational behavior. Use Dianetics and get rid of your reactive mind.

## Book Information

Paperback: 678 pages

Publisher: Bridge Publications, Inc.; New Edition edition (November 1, 2007)

Language: English

ISBN-10: 140314446X

ISBN-13: 978-1403144461

Product Dimensions: 6 x 1.5 x 9.1 inches

Shipping Weight: 2.6 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 880 customer reviews

Best Sellers Rank: #23,969 in Books (See Top 100 in Books) #8 in Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Scientology #274 in Books > Health, Fitness & Dieting > Mental Health > Happiness #693 in Books > Self-Help > Personal Transformation

## Customer Reviews

While it is true that Dianetics has become the self-improvement classic, there can be little doubt what it has to offer is just what people are now looking for in ever-increasing numbers. Reducing stress, achieving goals, improving relationships and striving to live up to one's full potential is definitely the 'in' thing. - New York Post Hubbard's bestseller has helped millions, and it should be read and used by all who are searching for a true understanding of the mind and a solution to such problems as self-doubt, stress, anxiety and depression. -World Reporter Newspaper Dianetics has always been ahead of its time. More and more people are realizing that Dianetics technology is a vital survival tool for living in the world today. -Atlanta Journal-Constitution

How can you increase your mind's potential? Have you ever felt like something was holding you back? What is the source of irrational behavior? The painful experiences of our past clearly have an effect upon our present – but to what degree and why? That is the subject of Dianetics: The Modern Science of Mental Health, the most widely read and broadly acclaimed book ever written on the subject of the human mind. Dianetics reveals how negative experiences in your past cause your mind to depart from rational thought and behavior – without you even knowing it. What's more, it tells you exactly how to use the precise Dianetics procedure to locate these past experiences and eliminate their negative effects. Dianetics enables you to be your best: confident, rational, productive and creative. In other words, you can be yourself – free to enjoy life and reach your full potential. That is the goal of Dianetics.

In attempting learn about Dianetics and/or Scientology, one is best suited to seek out the basic books on audio format from either your local library or if need be, sites such as audible.com mainly because these books are generally fairly large tomes written in a way that perhaps at one time was considered everyday language but now (unfortunately) comes across in an extremely clinical and cold manner. Additionally, the high "full-retail" price for many of these titles will make most people shy away from a subject that, if you have the time and inclination to explore could possibly open up an interesting field of thought and ideas that may be beneficial to you. That said, many of the Dianetics/Scientology books are written in an almost "course-like" format making it a little difficult to digest in an audio representation such as this. However, if you do find yourself interested in exploring the principles, beliefs and practices of this subject, you'll be well served to seek out these titles for free or at an extremely lower cost on your own before stepping into an official Scientology church/bookstore. Should you decide to further your study, the various seminars and courses available at your local Scientology organization will be more than happy to assist (at the full retail "donation" rate, of course)..Good luck and enjoy!- Jeff Celentano

Thank you.

I first picked this book up in 1969. I read it and it made me mad, it not only laid out what the exact cause of mental induced problems were but also exactly how to address this. I was sure it was an elaborate hoax. I investigated further determined to find out and let others know. What I learned over the past 48 years was amazing. Not only is it true but there have been numerous advances

since then and the techniques are more easily applied now with more consistent results than ever before. I have never been disappointed with the technology, its implementation or results. I am not saying that the whole thing is perfect, far from it. It has real people working on applying this now and there have been errors and upsets but none with the actual tech as written. I recommend reading this and putting it to use.

Best Book Ever, there is no need for a psychiatrists, psychologist, motivational books, Alcohol, drugs. All of those are temporarily fixes your feelings, insecurities, doubts, fears, negativity. All will make lots of sense to you after Dianetics you will be cause over your mind instead of effect. You can go to your local Dianetics Center after you get the Book and get a free Therapy for owning the book. You will see for yourself what I am talking about here. See for yourself, then you can talk!!!!

After having spent an enormous amount of time researching Neuroscience, Psychology, Psychiatry and right into God theory and way along the line to Quantum and Theoretical physics and really actually drawn a blank on conclusive explanations as to what makes Man tick and what makes him mis-tick I almost gave up. It's like all these other studies seems to have slightly missed what they were looking at and then invented a whole bunch of slang to cover up the fact that there was not one single A-B-C procedure that when followed, would cause a reliable result. But by pure accident I bought this book. Best accident ever. I read the book from a counselor's perspective and it really is a handbook for helping someone recover their own sanity in bite sized "sessions". This is three books actually and the information is presented clearly and the key points are demonstrated from the viewpoint of application and results. This in itself was refreshing. So I tried it and oh my, did people change and recover and grow and shed their own mental bonds. Utterly incredible. What the techniques in this book can do for a person is incalculable in value. I sought out fellow Dianetics practitioners and experienced the techniques myself. Recovery of certainty of self. Ability to make correct decisions faster. Relief from sources of stress. Explanations as to other's strange and unusually angry behavior. Why some cannot think for themselves and are unable to perceive truth. Why groups seem to act way more crazy than individuals at times (Governments and capitalists, media etc.) The non-medical side of persistence and occurrence of physical conditions. Why some people recover faster than others. Why mankind has no future without this knowledge. This book is more powerful than a nuclear bomb because it can recover the sanity of the individual(s) about to press the button...

I have read this book and it is awesome, found myself having a lot of reality with what was written by the writer. I needed to clear a lot of words to comprehend what was written. It has helped me a lot and it makes sense to me. The great thing about it is that during reading I found myself having flashbacks from my life which at that point didn't make sense to me but with the content of this book it did. Love it (-:

I did not buy this book but I've read some of it, remember...this guy was a science fiction writer. But what is very odd indeed is, if this piece of fiction is so great, why then is almost every single review here extolling how much it helps people...absolutely fake? Don't believe me? Run this page through a fake review checker. Find your own, it's easy. Were I to recommend one, then it would be said that it was rigged.

The best way to describe this book is as an owner's manual for the human mind! I have used the information in this book to save several lives. I even used it to restore health to someone who was about to lose his leg. The person recovered and the leg came back to health. This book contains exactly how the mind operates and gives a simple method of helping anyone with it.

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